

Activities Code Overview 2025-2026

All participants and their parents/guardians should review this presentation and the Activities Code prior to the start of their first activity.

Please contact us if you have any questions!

Activities Director

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Activities Director Secretary

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We will continue to use Parent Square for school and team communication.

Please sign in. ×



Download the ParentSquare mobile app

Send and receive school communications on the go



Sign In


Email or Phone Number


Password

[Forgot password?](#)

Sign In

OR

 Sign In with Google

 Sign In with Microsoft

Register

Email or Phone Number

Get Started

You must use the email/phone you provided to your school

Activities Code of Conduct

- All students participating in activities and/or athletics must abide by this Elcho School District Policy.
- The code is reviewed annually by coaches and changes are made based on their input. No changes were made to the code for the 2025-2026 school year.
- The code can be found [here](#). Please read and review the code in its entirety before submitting the Google form for your student.

Completing Required Forms

Most of our forms have been moved to an online Google form found [here](#).

One form per student is required.

Physical form (GREEN PAPER) - to be completed by a doctor every other year prior to the first day of practice and returned to the school office.

Alternate card (WHITE PAPER)- to be completed by a parent/guardian every other year prior to the first day of practice and returned to the school office.

A physical or alternate card is only required for sports.

All athletes must have the following in order to practice and compete:

- Up to date physical or alternate year card on file
- Completed Online Google Form
- Completed impact testing (done at school)
- Signed WIAA Eligibility Form (HS Only)

All activity participants must have the following in order to participate:

- Completed Online Google Form

Code of Conduct

Student Expectations

What does it mean to be a Hornet?

Representing our school in competitive events through good sportsmanship!

This applies to participants and spectators.

- Sportsmanship is...
 - Showing respect to your own coaches/teammates
 - Showing respect to other team's coaches/teammates
 - Using appropriate language at practices and events
 - Playing safely and fairly
 - Motivating your teammates with positivity and reassurance
 - Winning and losing gracefully, without gloating or put-downs
 - Cleaning up after yourself in your own & other team's locker rooms & buses
 - Supporting all Elcho activities and their participants in and out of school

Lifelong Skills

Participation in school activities enhances lifelong skills in our students, such as respect, teamwork, responsibility, problem-solving, and overcoming adversity.

It is the responsibility of the student to ensure they are following school expectations, maintaining good grades and making efforts to improve them if they are unsatisfactory, and clearing up any attendance issues with the Becca Siemers, School Secretary, in a timely manner.

Attendance

All students are expected to be at school every day, and on time, to each of their scheduled classes.

Students that miss school for any reason other than a documented medical appointment are not allowed to practice or compete that day. This includes being tardy for the start of the school day or tardy to any classes throughout the school day.

Students needing to be absent for a medical appointment on the day of a competition need to notify the office in advance and bring a copy of a doctor's note upon arriving at school.

Students also need to be in school the day following a competition. For example, if there is an event on Tuesday, they are expected to be at school on time all day Wednesday to be eligible for the next competition. Students that are absent the day following a competition will be required to complete a sign off sheet.

If there is a competition on a Saturday, the “day of attendance” is always the school day prior.

Attendance Continued

If a student is not in attendance the day following a competition, the consequences for their absence will be determined by coaches and administration such as:

- Making up the missed time before school, after school, during lunch, during Hornet Time, during or after practice, etc. with the teacher(s) of the classes that were missed or with the coach if the teacher is unavailable. Teacher verification of made up time will be required through the use of a “teacher sign off” form.**
- If no sign off is completed, the student will be required to sit part or all of the next scheduled competition, either one half, one quarter, one match, or the entire event.**

Students are not allowed to pick the consequence in which they serve. Students that are repeatedly absent may be required to serve both consequences described above as determined by administration.

Failure to regain eligibility status, if the student is awarded the option, will result in the student remaining ineligible for the next competition.


Student-Athletes Academics Come First!

Students are required to have passing grades in order to participate in activities and athletics.

Academic progress will be monitored by the Activities Director during scheduled grade checks.

A list of all scheduled grade checks for the year are in the back of the Activities Code of Conduct and on the school website under Quick Links found [here](#)

Grade Eligibility

ONE (1) F AT GRADE CHECK	TWO (2) or MORE Fs AT GRADE CHECK	ONE (1) or MORE QUARTER/SEMESTER Fs
<p>INELIGIBLE FOR COMPETITION UNTIL NEXT GRADE CHECK</p> <p>OR</p> <p>TEACHER SIGNS OFF THAT THE GRADE IS PASSING</p>	<p>INELIGIBLE UNTIL NEXT GRADE CHECK</p>	<p>INELIGIBLE UNTIL NEXT GRADE CHECK</p>
<p>NO COMPETITION UNTIL SIGN OFF </p> <p>MAY PRACTICE WITH THE TEAM AT COACH'S DISCRETION. MAY BE REQUIRED TO DO SCHOOL WORK DURING PRACTICE.</p>	<p>NO COMPETITION</p> <p>MAY PRACTICE WITH THE TEAM AT COACH'S DISCRETION. MAY BE REQUIRED TO DO SCHOOL WORK DURING PRACTICE.</p>	<p>NO COMPETITION</p> <p>MAY PRACTICE WITH THE TEAM AT COACH'S DISCRETION. MAY BE REQUIRED TO DO SCHOOL WORK DURING PRACTICE.</p>
<p>NO TRAVEL WITH TEAM IF TEAM IS RELEASED BEFORE 3:20 PM</p>	<p>NO TRAVEL WITH TEAM IF TEAM IS RELEASED BEFORE 3:20 PM</p>	<p>NO TRAVEL WITH TEAM IF TEAM IS RELEASED BEFORE 3:20 PM</p>

Grade Eligibility

Administration reserves the right to deny any teacher sign-offs after a student exceeds three (3) requests in a school year.

Coaches and administration reserve the right to sit a student during practice to complete school work to encourage academic eligibility.

If a student receives a failing grade for Quarter 4/Semester 2, they will be ineligible for two (2) regular season events in the next Fall sports season. The student can still practice during this time and compete in scrimmages. If summer school is an option, the student can regain eligibility status by retaking and passing the failed course.

Transportation

To & From Events:

All students are required to use school transportation to and from school-sponsored events. School transportation may include school vehicles driven by coaching or teaching staff. Students will be permitted to ride home with their own parents/guardians after an event and will be required to sign out at the end of the event with the coach. Students may be permitted to ride home with another student's parent/guardian if written permission from their parent/guardian is given to the coach and/or Activities Director prior to the event. Students will not be allowed to ride home from events with other students.

Exceptions to this rule will only be made under extreme circumstances with advanced notice and will require approval from administration.

Transportation

To & From Practice:

It is the responsibility of the student to coordinate with their parent/guardian or another individual to be transported to and from practices. Students should communicate the end of practice time with their ride to ensure they are picked up on time. Students waiting for rides should wait in the vestibules.

At least one coach is responsible for waiting until all students have been picked up at the end of practices. It is critical that coaches communicate practice start and end times, and locations, with students and parents/guardians so that this process can go as smoothly as possible.

Football, Baseball, & Golf Transportation

Football players may be permitted to transport themselves to and from the practice field in Pearson if written permission is given to the coach and/or Activities Director prior to the start of self-transporting.

Football players transporting other students to the practice field will be permitted for practices only if written permission is given to the coach and/or Activities Director from each parent/guardian prior to the start of self-transporting.

Baseball and softball players are not permitted to drive their vehicles to the practice fields after school from the student parking lot.

Golf players may be permitted to transport themselves to and from Bass Lake Golf Course if written permission is given to the coach and/or Activities Director prior to the start of self-transporting.

Golf players transporting other students to and from Bass Lake Golf Course will be permitted for practices only if written permission is given to the coach and/or Activities Director from each parent/guardian prior to the start of self-transporting.

Parent/Guardian & Spectator Expectations

Adult Expectations

- Practices are closed events to the public, including parents/guardians. If a coach is in need of volunteers, they will work with administration to follow the volunteer process per District policy prior to volunteering.
- There should be no spectators at team practices (i.e. in the gym, at the field, on the course) that is not an approved volunteer.
- Parents/guardians with concerns related to their child's activity should follow the chain of command process outlined in the Student & Family Handbook.
- We hope all spectators will cheer positively for students, interact appropriately with referees, and support our staff as coaches are hard to find.
- Smoking, vaping, drinking, profanity, etc. are strictly prohibited at all events.

Athlete Health & Safety

The health and safety of our student-athletes is our top priority. When it comes to possible concussions, our motto is:

**“When in doubt,
sit them out!”**

IMPACT Testing

All athletic participants will undergo IMPACT testing provided by the district at the start of the season. This information will be shared with the student's primary healthcare provider, our school nurse, and athletic trainer to make the best decision for the athlete to return to play following a possible concussion.

Concussion Symptoms

Not all athletes present with symptoms immediately following an injury. Here are some key symptoms to watch for following an injury...

- Headache or head pressure
 - Nausea or vomiting
 - Balance problems or dizziness
 - Numbness or tingling
 - Fatigue or feeling tired
 - Blurry or double vision
 - Difficulty thinking clearly
 - Difficulty concentrating or remembering
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If you suspect your athlete has a concussion...

- Contact your primary healthcare provider
 - Inform the coach
 - Send any relevant information to the school office to provide accommodations to your athlete in their classes
-

SUDDEN CARDIAC ARREST

Sudden cardiac arrest (SCA), while rare, is the leading cause of death in young athletes while training or participating in sport competition. Even athletes who appear healthy and have a normal preparticipation screening may have underlying heart abnormalities that can be life-threatening. A family history of SCA at younger than age 50 or cardiomyopathy (heart muscle problem) places an athlete at greater risk. Athletes should inform the healthcare provider performing their physical examination about their family's heart history.

Warning signs for coaches, parents, and athletes

- Fainting/blackouts (especially during exercise)
- Dizziness
- Unusual fatigue/weakness
- Chest pain/tightness with exertion
- Shortness of breath
- Nausea/vomiting
- Palpitations (heart is beating unusually fast or skipping beats)

Stop activity/exercise immediately if you have any of the warning signs of Sudden Cardiac Arrest.

Code Violations

Follow school rules!

Follow the law!

Represent our school and
community well!

Code violations will follow the process outlined in the policy.

Participants may receive severe consequences for behavior which may include loss of a percentage of the season, community service hours, and/or removal of participation privileges for the remainder of their high school career.

Participation in school-sponsored activities is a privilege for those that meet school and team expectations.

Conduct Violations

It is expected that students cooperate fully with school administration, law enforcement, or other outside agencies if a conduct violation is suspected. If a student refuses to participate in an investigation to determine if a conduct violation occurred, the investigation will be conducted without their statement. If there is evidence to suggest a code violation occurred, the student will be disciplined accordingly.

If it is determined that a code violation occurred, the student and their parent/guardian will be notified. A letter will be given that will explain how the code violation will be served.

Additional penalties based on violations to the student handbook may be assigned based on the nature and severity of the violation. This may include pre-expulsion or expulsion agreements.

If a student goes out for an activity to satisfy a penalty, they must complete the season in good standing. The student must be an active participant in all practices and contests as well as follow participation rules and expectations for the specific activity.

Group I: WIAA & MS Sports

Penalties will be calculated as follows:

- **First Offense:** Suspension from participation in 25% of contests scheduled.
- **Second Offense:** Suspension from participation in 50% of contests scheduled.
- **Third Offense:** Suspended from all Co-Curricular Activities for one calendar year.
- **Fourth Offense:** Banned from all Co-Curricular Activities for the remainder of their high school career.

Students serving a suspension for a violation are required to be at all scheduled practices, contests, and/or activities in order for the suspension to be fulfilled. Students are expected to sit on the bench for the duration of each scheduled contest in plain clothes and follow directions from their coaches as to how they can support their team (unless the team is dismissed early from school to travel). Failure to abide by these expectations will result in the suspension not being served.

Dual-sport athletes (i.e. participating in baseball and golf simultaneously) will serve the designated penalty in both sports. These students will need to communicate with both coaches to properly serve their penalties.

Group II: School-Sponsored Activities

Group II - School-Sponsored Activities

Academic Competitions (i.e. Northern Lakes Art Show, Welding Competition, Solo/Ensemble & Large Group)

1st Violation: 10 Hours of Community Service

2nd Violation: Loss of Participation for One Calendar Year

3rd Violation: Banned for the Rest of High School

Activities that Last Entire School Year (i.e. SADD)

1st Violation: Loss of Participation for 45 School Days

2nd Violation: Loss of Participation for One Calendar Year

3rd Violation: Banned for the Rest of High School

Activities w/Specific Start/End Date (i.e. Trap Club, Drama Club, Fishing Club, Forensics)

1st Violation: 10 Hours of Community Service

2nd Violation: Loss of Participation for One Calendar Year

3rd Violation: Banned for the rest of high school

Students participating in Group I & Group II Activities simultaneously will only be required to serve the Group I penalty. If the student does not successfully complete the season and serve their full penalty in their Group I Activity, the Group II penalty will apply.

Students that are only in a Group II Activity will be suspended until the consequence is served.

Group III: Elected Positions & School Honors

Organizations with rules/bylaws (National Honor Society, Student Council, Class Officers) - Follow the rules of the organization. Administration will inform the Activity Advisor of the violation. The Activity Advisor will notify the Activities Director of the determination.

These rules will now be attached as appendices to the Activities Code and are available on the school website by clicking [here](#). Rules for Class Officer positions were developed by High School teaching staff.

Group III: Elected Positions & School Honors

Dance/Homecoming Court

- 1st Violation - Ineligible for next dance/homecoming event court.
 - A student can regain good standing/eligibility by completing 15 hours of community service as outlined in the Activities Code, meet all other eligibility requirements (i.e. passing grades, prom work hours, etc.) and have no other major behavior infractions. Community service hours must be completed at least one week prior to event court nominations.
 - If an infraction occurs within one calendar week of the dance/event, the student will be ineligible with no opportunity to complete community service hours. If the suspension is being served in the school day prior to the dance/event, the student will not be allowed to attend the dance/event.
- 2nd Violation - Ineligible for one calendar year with no opportunity to redeem good standing/eligibility.
- 3rd Violation - Ineligible for dance/homecoming court for the remainder of their high school career.

Special Awards

Students who violate the code will be ineligible for any special awards during the season of participation or any season in which the suspension is served. This includes team captain, all-conference, academic all-conference, all-area, and all-state.

Special award opportunities presented on behalf of the Elcho High School coaching staff are available to students who have upheld and maintained the ideals of our school district's values, have met the criteria for the award, and are selected by coaches and administrators. Conduct violations will be reviewed and considered by nominating coaching staff if applicable.

Community Service

Community service hours will not be counted if they occurred during the school day (i.e. calling in absent to complete hours or leaving scheduled classes to complete hours) or if they occurred during commitments they should be fulfilling within their current activity (i.e. activity practice/performance, scheduled competitions, etc.)

Presence at Parties

Mere Presence Policy

Presence at gatherings where alcohol or other drugs are being illegally used and/or dispensed is strictly prohibited. Students are expected to leave immediately and encourage as many other students as possible to do so.

Students are not prohibited from attending weddings, reunions, anniversaries, graduation parties, or other ceremonial functions where alcohol is being legally served, but they may not consume alcohol or be in possession of alcoholic beverages even though they have parental permission.

*Note: Parental permission does not override the provisions of this code.

Next steps to ensure you are eligible to start practicing on Day 1:

Read through the Code of Conduct found [here](#).

Complete the Google form for each student found [here](#).

Get a physical with your medical provider or fill out an alternate year card
(these were mailed home this summer and are available in the school office)